

Keeping Warm

Activity One: Stand up and follow the instructions your teacher will give you:

- Rub your hands together.
- Wiggle your arms around.
- Run on the spot.
- Rub your arms
- Shiver
- Make your teeth chatter

These are all things we do when we are cold, in order to keep warm.

1. Sit down again.
2. Brainstorm with a partner - what else can you do to keep warm?

Tell the class what you found.



Activity Two: On the street.

Now with a new partner look at these ideas for helping people who are homeless to keep warm. Try and find a new idea to help people keep warm on the streets. Draw a picture of it and explain it to the class. How does it work? What is it made out of? What does it do and how will it help someone who is living on the streets to keep warm when it is cold?



Activity Three: Class vote.Vote for the best homeless shelter idea in the class.

Activity Four: Warm Clothes.

In WINTER it is usually pretty cold. So how are **you** keeping warm ?

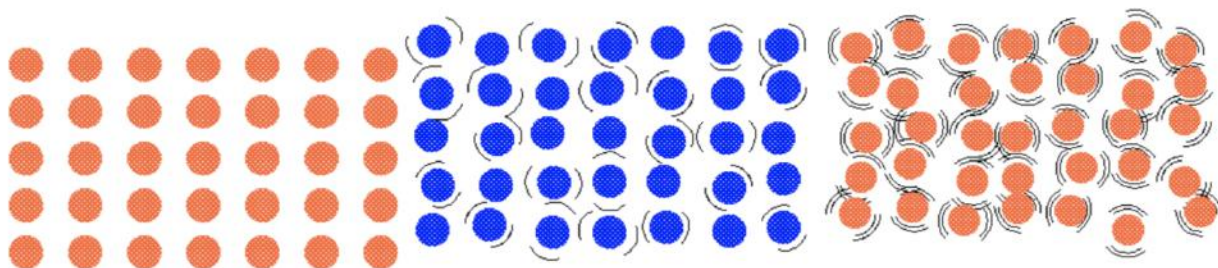
Look at the pictures and we will discuss the different ways to keep warm.



Activity Five – What makes things hot then?? Well things are made hot because the particles inside them bump into each other. Then when an object becomes hot it transfers its heat to things around it through convection. Luckily heat can even be transferred through the air. Heat is energy. It can be stored and transferred.

<http://www.explainthatstuff.com/energy.html>

Look in these pictures you see the particles (tidy parts of something) in the first picture they are cold, then warm, then as they move around, hot.



Activity Six: You are getting warmer...

We will hide something in the room. You will then take turns trying to find it, and get a prize for your team, but we can only guide you by saying that you are COLD, WARM AND HOT. When you are HOT you know you are near.

Activity Seven: let's draw some pictures of hot and cold situations. Let's see who will win this week's drawing competition!

Activity Eight: Seasons and Weather - Questions - Oral

1. Do you remember what the seasons are?
2. What is the weather like in the different seasons?
3. What are the months of the year?
4. What season is it now?
5. What kind of things happen in each season?

Activity Nine: Repeat after me:

Wear Warm Clothes



Put the heater on



Have a hot drink



Wrap up in a warm blanket



Sit by the fire



Wear some warm socks.



STAY WARM