



Lesson Objective: Learn vocabulary related to surfing and the beach. Practice using adjectives.

Activity One: Ask and answer with a partner

1. What is your favorite sport? Why is it your favorite? (Ex: I like the sensation of flying when I skateboard)
2. What actions do you do when practicing your favorite sport? (Ex: When I play basketball, I **jump** and **run**. I **bounce** the ball and **pass** to my teammates.)
3. Do you like water sports? If so, which ones? If not, why not?
4. What sports do you like to do in the summertime when the weather is hot and sunny?
5. Have you ever gone surfing? If so, are you good at it? If not, would you like to learn?
6. If you could surf anywhere in the world, where would you want to surf?

Activity Two: Vocabulary

Surfboard



I want the *short, red* surfboard.



Wetsuit



This *black and blue wetsuit* is *tight*.

Wave



That is a *big wave*!

Ocean



I love to swim in the *big, blue ocean*.



Beach



I enjoy laying on the *sunny* **beach** with a *good* book.

Sand



I want to play with the *wet* **sand** to make a sandcastle.

Wax



Make sure you **wax** your surfboard so that you don't slip and fall off!



Activity Three: The History of Surfing

Read the article and find the past tenses with a partner.

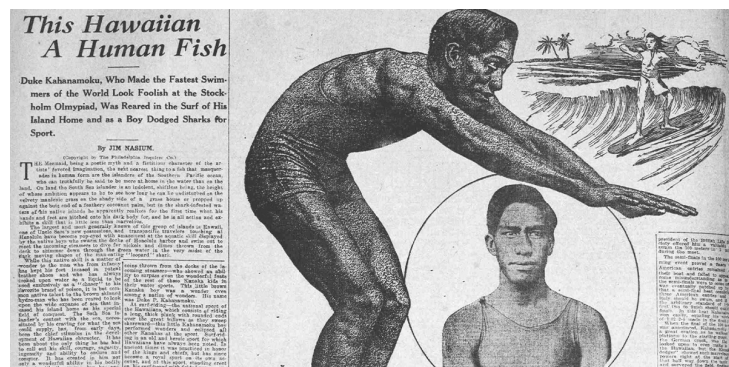
Source, adapted from: <https://www.islesurfindsup.com/blog/history-of-surfing/>

For as long as humans have been swimming in the ocean, we've been riding waves into the beach. That means the history of surfing likely predates the history of writing by thousands of years!

Unfortunately, we'll never be able to credit the first surfer for their innovation. Consensus on the history of surfing credits the Polynesians for the invention of the 'Olo Surf Board,' which they couldn't leave behind when they settled the Hawaiian Islands around 400 C.E.

From Hawaii, the sport laid dormant until a handful of world-class swimmers showcased it to the world. Thanks to

the efforts of a handful of impactful individuals, the sport of kings is booming. What was once an ancient tradition is now a multi-billion dollar industry enjoyed by millions of diehard surfers. From driftwood to the more modern specialized surfboards like hybrid surfboards, the history of surfing has come a long way.



Experienced lifeguard and waterman Tom Blake was one of the first mainlanders to adopt the Hawaiian culture of wave riding. Hawaiian Duke Kahanamoku, the five-time Olympic gold medal swimmer, is responsible for introducing the ancient Hawaiian sport of surfing to the world in 1912, but Blake is responsible for transforming it into a national

pastime for coastal Americans. He tried surfing in 1921 while working at the Santa Monica Swim Club but didn't find much success immediately. There was no such thing as "surfboard for beginners" in those days. But by 1924, his interest had grown to the point where he decided to take Kahanamoku's invitation to Hawaii seriously. Blake quickly became friends with the Kahanamoku family and spent the next 30 years living and surfing in Hawaii and California.

His dedication to the sport and its culture led Blake to rethink surfboard design. In 1929, Blake built a hollow board with a wood skeleton for support, greatly reducing the weight of a surfboard. Three years later, Blake received a patent for his design. His lightweight board opened surfing to thousands of people who couldn't carry those 200-pound solid wood longboards. While the addition of a fin or keel would have come eventually, it was Blake who first had the idea of putting one on a surfboard.



The Kids' School

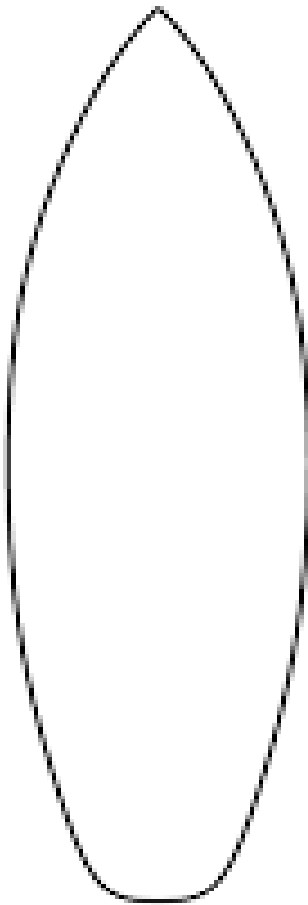
Activity Four: Comprehension Questions

Answer the following comprehension questions about the article you read:

1. How old is surfing?
2. Where do we believe surfing originated?
3. Who could surf in ancient times?
4. Who made surfing popular with Americans?
5. How did the surfboard change over time?

Activity Five: Draw your own surfboard design

Draw your own design then prepare a presentation using adjectives to describe what your surfboard looks like to the class.



Activity Six: Dialogue

Imagine you are in Hawai'i or California. Write a dialogue where you describe the beach and the climate as you talk about when you're going to go surfing with your friend!

Activity Seven: Pictionary

Play Pictionary with the vocabulary you've practiced! Make two teams and each correctly guessed vocabulary words means one point for that team. After all of the vocabulary words have been found, the team with the most points wins!